

The Luck Factor

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Principle One Maximise Chance Opportunities

Statement	Score 1 - 5 1 unlikely to happen 5 likely to happen
1 I sometimes chat to strangers when queuing in a supermarket or bank.	
2 I do not have a tendency to worry and feel anxious about life.	
3 I am open to new experiences, such as trying new types of food or drinks.	
Total	

Principle Two Listen to Lucky Hunches

Statement	Score 1 - 5 1 unlikely to happen 5 likely to happen
1 I often listen to my gut feelings and hunches.	
2 I have tried some techniques to boost my intuition, such as meditation or just going to a quiet place.	
Total	

Principle Three Expect Good Fortune

Note new scale

	Statement	Score 1 - 10 1 unlikely to happen 10 likely to happen
1	Having someone tell you that you are talented	
2	Looking young for your age when you are older	
3	Having a great time on your next holiday	
4	Being given \$50 just to spend on yourself	
5	Achieving at least one of your life ambitions	
6	Developing or maintaining a good relationship with your family	
7	Having an out-of-town friend visit you	
8	Being admired for your accomplishments	
Total		

Principle Four Turn Bad Fortune into Good Luck

	Statement	Score 1 - 5 1 unlikely to happen 5 likely to happen
1	I tend to look on the bright side of whatever happens to me.	
2	I believe that even negative events will work out well for me in the long run.	
3	I don't tend to dwell on the things that haven't worked out well for me in the past.	
4	I try to learn from the mistakes that I have made in the past.	
Total		